

JULY 2023						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 International Joke Day
						10-10:30 Silver Sneakers Exercise 10:30-11 Morning Prayer Service 11-11:30 5 Second Rule 12:00 Lunch 1:00-2:00 You Be the Judge 2:00-3:00 Manicures & Music 3:00-4:00 BINGO 5:00 Dinner
2	3	4 4 <sup>th</sup> of July	5	6	7 World Chocolate Day!	8
10-10:30 Silver Sneakers Exercise 10:30-11 Sunday Prayer Service 11-11:30 Finish The Phrase 12:00 Lunch 1:00-2:00 Story Starters 2:00-3:00 Alphabet Game with Genesis 3:00-4:00 Music Sing along 5:00 Dinner	10-10:30 Joe Name It 10:30-11 Morning Rosary 11-11:30 Trivia with Genesis 12:00 Lunch 1:00-2:00 Table Talk 2:00-3:00 Bean Bag Toss 3:00-4:00 Silver Sneakers Class 5:00 Dinner	10-10:30 Silver Sneakers Class 10-10:30 Silver Sneakers Class 10:30-11 Morning Prayer 11-11:30 Name That Tune 12:00 4 <sup>th</sup> of July Barbeque 1:00-2:00 What Would You Do? 2:00-3:00 Sentimental Reflection 3:00-4:00 Trivia If weather is nice, we will be Staying outside after BBQ Playing outdoor games	10-10:30 Silver Sneakers Class 10:30-11 Morning Rosary 11-11:30 Resident Council 12:00 Lunch 1:00-2:00 Famous Faces 2:00-3:00 Paint and Sip with Denise and Genesis 3:00-4:00 Blank Slate 5:00 Dinner	10-10:30 Alphabet Game 10:30-11 Choices 11-11:30 Name 10 12:00 Lunch 1:00-2:00 Table Talk 2:00-3:00 Family Feud 3:00-4:00 Afternoon Prayer 5:00 Dinner 6:00-7:00 Wheel of Fortune	10-10:30 Conversation Cards 10:30-11 Cooking with Denise 11-11:30 Trivia with Denise 12:00 Lunch 1:00-2:00 Menu Meeting 2:00-3:00 This and That 3:00-4:00 Music Sing along 5:00- Dinner 6:00-7:00 Jeopardy	10-10:30 Silver Sneakers Class 10:30-11 Morning Prayer Service 11-11:30 Train of Thought 12:00 Lunch 1:00-2:00 Finish The Phrase 2:00-3:00 BINGO 3:00-4:00 Afternoon Movie 5:00 Dinner 6:00-7:00 Wheel of Fortune
9	10	11	12	13	14 Exercise with Ian	15 Open House Music with Mary
10-10:30 Current Events with Genesis 10:30-11 Sunday Prayer Service 11-11:30 Things That Go Together 12:00 Lunch 1:00-2:00 Ice-Breakers 2:00-3:00 Manicures and Music 3:00-4:00 Sentimental Reflections 5:00 Dinner	10-10:30 You Be The Judge 10:30-11 Morning Rosary 11-11:30 Name 10 12:00 Lunch 1:00-2:00 Puzzles! Puzzles! 2:00-3:00 Water painting 3:00-4:00 Alphabet Game 5:00 Dinner	10-10:30 Trivia with Genesis 10:30-11 Cooking with Denise 11-11:30 Coloring/Puzzles 12:00 Lunch 1:00-2:00 Circle Time 2:00-3:00 Tasty Tuesday 3:00-4:00 BINGO 5:00 Dinner	10-10:30 Can You Name 5? 10:30-11 Conversation Cards 11-11:30 Story Wise 12:00 Lunch 1:00-2:00 Matching Duos 2:00-3:00 Scenic Bus Ride 3:00-4:00 Name That Tune 5:00 Dinner	10-10:30 Train of Thought 10:30-11 Morning Prayer 11-11:30 Trivia! Trivia! 12:00 Lunch 1:00-2:00 Memories 2:00-3:00 Table Games 3:00-4:00 BINGO 5:00 Dinner	10-10:30 Table Talk 10:30-11 Mind Joggers 11-11:30 Morning Rosary 12:00 Lunch 1:00-2:00 Story Wise 2:00-3:00 Exercise with Ian 3:00-4:00 Music Singalong 5:00 Dinner	10-10:30 Silver Sneakers Exercise 10:30-11 Morning Prayer Service 11-11:30 You Be The Judge 12:00 Lunch Open House Barbeque 1:00-2:00 Music with Mary 2:00-3:00 Table Games 3:00-4:00 BINGO 5:00 Dinner
16	17	18 MOVIE NIGHT	19	20	21 Birthday Celebration	22
10-10:30 Silver Sneakers Class 10:30-11 Sunday Prayer Service 11-11:30 Grandparent Talk 12:00 Lunch 1:00-2:00 Choices 2:00-3:00 BINGO 3:00-4:00 Walking Club with Genesis 5:00-Dinner If weather is bad, join Genesis in the main dining room for Art Expressions	10-10:30 Chest of Memories 10:30-11 Grandparent Talk 11-11:30 Famous Faces 12:00 Lunch 1:00-2:00 Word Search/Coloring 2:00-3:00 Family Feud 3:00-4:00 Afternoon Prayers 5:00 Dinner 6:00-7:00 Wheel of Fortune	10-10:30 Chat Pack 10:30-11 Morning Prayer Service 11-11:30 Name 10 12:00 Lunch 1:00-2:00 Table Games 2:00-3:00 Woman's Spa Day 3:00-4:00 Root Beer Float Social 5:00-Dinner 6:00-8:00 Resident Movie Night	10-10:30 Silver Sneakers Class 10:30-11 Morning Rosary 11-11:30 Finish The Phrase 12:00 Lunch 1:00-2:00 Can You Name 5? 2:00-3:00 Water Painting 3:00-4:00 Blank Slate 5:00 Dinner 6:00-7:00 Wheel of Fortune	10-10:30 Silver Sneakers Class 10:30-11 Morning Prayer 11-11:30 5 Second Rule 12:00 Lunch 1:00-2:00 Trivia! Trivia! 2:00-3:00 Story Time 3:00-4:00 Games In A Jar 5:00 Dinner 6:00-7:00 Jeopardy	10-10:30 Ice-Breakers 10:30-11 Morning Rosary 11-11:30 Mind Joggers 12:00 Lunch 1:00-2:00 Word Search 2:00-3:00 Famous Faces 3:00-4:00 Birthday Party Music with Mary 5:00 Dinner 6:00-7:00 Wheel of Fortune	10-10:30 Silver Sneakers Class 10:30-11 Morning Prayer 11-11:30 Joe Name It 12:00 Lunch 1:00-2:00 I Remember That!!! 2:00-3:00 Games with Denise 3:00-4:00 Music Sing along 5:00 Dinner 6:00-7:00 Jeopardy
23	24	25	26	27	28 Exercise with Ian	29
10-10:30 Silver Sneakers Exercise 10:30-11 Sunday Prayer Service 11-11:30 Can You Name 5? 12:00 Lunch 1:00-2:00 Things That Go Together 2:00-3:00 You Be The Judge 3:00-4:00 Table Games 5:00 Dinner	10-10:30 Silver Sneakers Class 10:30-11 Morning Rosary 11-11:30 Conversation Cards 12:00 Lunch 1:00-2:00 Finishing Words 2:00-3:00 BINGO 3:00-4:00 Sentimental Reflections 5:00 Dinner	10-10:30 Silver Sneakers Class 10:30-11 Morning Prayer 11-11:30 This and That 12:00 Lunch 1:00-2:00 Arts and Crafts 2:00-3:00 Blank Slate 3:00-4:00 Ice-Cream Social 5:00 Dinner	10-10:30 Silver Sneakers Class 10:30-11 Morning Rosary 11-11:30 Table Talk 12:00 Lunch 1:00-2:00 Story Starters 2:00-3:00 Scenic Bus Ride 3:00-4:00 Table Games 5:00 Dinner	10-10:30 Silver Sneakers 10:30-11 Morning Prayer 11-11:30 Mind Joggers 12:00 Lunch 1:00-2:00 President Trivia 2:00-3:00 Ring Toss 3:00-4:00 Alphabet Game	10-10:30 Silver Sneakers Class 10:30-11 Morning Rosary 11-11:30 Name 10 12:00 Lunch 1:00-2:00 Finishing Lines 2:00-3:00 Exercise with Ian 3:00-4:00 Music Singalong 5:00 Dinner	10-10:30 Silver Sneakers Exercise 10:30-11 Morning Prayer Service 11-11:30 5 Second Rule 12:00 Lunch 1:00-2:00 Story Wise 2:00-3:00 BINGO 3:00-4:00 Alphabet Game 5:00 Dinner
30 International Friendship Day!		All activities take place in the dining room, unless otherwise stated				
10-10:30 Silver Sneakers Exercise 10:30-11 Sunday Prayer Service 11-11:30 Conversation Cards 12:00 Lunch 1:00-2:00 Games In A Jar 2:00-3:00 Manicures and Music 3:00-4:00 Sentimental Reflections		If you have questions or concerns, please contact our Recreation Director Denise Minicozzi At 516-628-1350 Ext. 18				

